

Procedure for Recipients considering egg donation with a known donor

When you are considering having egg donation with a known donor you will initially need to have a consultation with one of our doctors to discuss the process. The appointment will last for approximately 3.5 hours, which will include the female recipient having an ultrasound scan, the male partner (if applicable) having a semen analysis, seeing the doctor, the counsellor and member of the egg donation team. The recipient couple should be seen in our unit **before** their known donor. Records of previous fertility treatment should be obtained prior to consultation, as they may be useful.

- The medical secretaries will send the potential donor the relevant information (this should include the HFEA Donating what it involves' and 'donating sperm, eggs or embryos'). It is important that the recipient couple have the donor's full name, address and post code. Alternatively the recipient couple can hand the information directly to the potential donor if appropriate.
- When the donor has read through the information supplied in the donor information and wishes to proceed, the recipient (or donor) should make an appointment for her to be seen in the unit. This will take approximately 3.5hrs and will involve a scan, a consultation with the doctor (preferably with the same doctor the recipient has seen), an appointment with the counsellor to discuss the implications of known donation and an appointment with a member of the egg donation (OD) nursing team.
- The female recipient should, when possible, accompany the donor on her first visit to the hospital, however the recipient will not be able to accompany the donor into the doctors consultation, the counselling session or the nursing consultation. **If it is not possible for the recipient to attend with the donor, the recipient should lodge (£1500) with our Accounts Office in advance - to cover expenses incurred by the donor during this visit (see price list).** The donor, if married, or in a stable relationship, should bring her partner to accompany her on this occasion.
- Known Donors must attend the clinic, prior to starting FSH, for initial consultations and screening. They can have only the 1st scan abroad and they must come to the Lister Clinic to complete further scans and VEC.
- We advise that a known donor has a blood test to check the AMH levels (performed on any day of the cycle) and a transvaginal ultrasound scan to check the antral follicle count prior to the donors initial consultation. However, if the recipient wishes to minimise the donors visits to the clinic this can be done on the day of the initial consultation.
- The donor will be encouraged to consider all the information shared with her on the day of the consultation, to discuss it further with her partner or family and with the recipient couple.
- The OD team will recommend that the recipient couple have completed the relevant screening tests and the female recipient (having the ET) has a monitored cycle before synchronisation.
- If all the interested parties make a mutual decision to proceed with the known donation, the following appointments should be made for the same day:
 - A joint session with the counsellor (approx 1.5hrs), which the recipient couple, the donor **and her partner need to attend (if applicable)**. This session allows further information to be shared with the group about the implications of known donation and allows time for any questions to be asked about the process for the recipient couple, the donor and her family and the unborn child.
 - If screening tests have not already been performed, an appointment with the OD team will be arranged.

NB. The GP letter, all blood tests, joint counselling and monitored cycle need to be completed before synchronisation can begin.

IMPORTANT:

It is a HFEA licensing requirement that individual tests must be accredited by UKAS, the national accreditation body for the UK, or another accreditation body recognised as accrediting to an equivalent standard

Therefore, HIV, Hepatitis B and C tests must be performed at the Lister prior to starting treatment to ensure this licensing requirement is complied with as our individual virology tests are UKAS/ISO 15189 accredited.

Only in the circumstance where you have already had treatment elsewhere, and virology screening is still in date with written confirmation that the test was carried out in a UKAS accredited lab will this not apply.

To confirm, we cannot accept any results that do not include the laboratory's details and confirmation that this laboratory is UKAS accredited. Even if already done prior to initial consultation, these tests will need to be repeated at the Lister Fertility Clinic who use a UKAS Accredited laboratory unless we have this confirmation. UKAS provides accreditation to the internationally recognised standard ISO 15189 Medical Laboratories.

If the donor's egg collection has to be cancelled for any reason, an appropriate refund will be made. If, in the rare event, we are unable to collect eggs during the donor's procedure, if eggs subsequently fail to fertilise, or no embryo transfer takes place we regret that there can be no alteration in the stated fees.

Both the donor and yourself should use barrier contraception in the month before treatment, during the treatment and following egg collection until their next period.

If either the donor or yourself think you have become pregnant whilst on the GnRH analogue (Supracur (Buserelin) S.C, Suprecur nasal spray or Synarel (Nafarelin)) you must inform us immediately.

